

the book of stones revised edition who they are a Handbook

The Book of Stones Revised Edition: Who They Are and Why It Matters

Introduction to The Book of Stones

The Book of Stones Revised Edition is a comprehensive guide that explores the fascinating world of crystals, minerals, and gemstones. Authored by Robert Simmons and Naisha Ahsian, this updated edition offers an in-depth look at the energetic, spiritual, and practical aspects of stones, making it an indispensable resource for enthusiasts, healers, and collectors alike. The book aims to demystify the complex language of crystals and provide readers with a nuanced understanding of their properties, origins, and uses.

Who Are the Authors?

Understanding who Robert Simmons and Naisha Ahsian are is essential to appreciating the depth and credibility of The Book of Stones Revised Edition.

Robert Simmons

- Background and Expertise: Robert Simmons is a well-known author, researcher, and crystal expert with decades of experience in the field of mineralogy and crystal healing.
- Contributions: He has authored numerous articles and books on crystals and their healing properties, contributing significantly to modern crystal knowledge.
- Philosophy: Simmons emphasizes a scientific yet spiritual approach, blending empirical observations with intuitive insights.

Naisha Ahsian

- Background and Expertise: Naisha Ahsian is a renowned crystal healer, teacher, and intuitive with a focus on energy work and spiritual development.
- Contributions: She has trained thousands of students worldwide, integrating her intuitive abilities with her knowledge of stones.
- Philosophy: Ahsian values the energetic and vibrational qualities of crystals, often emphasizing

their role in personal transformation.

The Significance of the Revised Edition

The Revised Edition of The Book of Stones expands upon the original text, incorporating new discoveries, updated classifications, and fresh insights from contemporary crystal research. It reflects the evolving understanding of stones within both scientific communities and spiritual practices.

What's New in the Revision?

- **Updated Mineral Classifications:** Incorporates recent mineralogical findings and classifications.
- **Expanded Profiles:** Provides more detailed descriptions of over 200 stones, including lesser-known specimens.
- **Enhanced Visuals:** Features new high-quality photographs to aid identification and appreciation.
- **Additional Chapters:** Includes sections on crystal grids, chakra healing, and advanced energetic techniques.
- **Modern Perspectives:** Addresses scientific developments and integrates ecological considerations related to stone sourcing.

Who Are the Crystals and Stones Featured in the Book?

The core focus of The Book of Stones revolves around the stones themselves?what they are, where they come from, and how they can be used.

Categories of Stones Covered

The book categorizes stones into several groups for easier understanding:

- **Crystals and Quartz Varieties:** Clear quartz, amethyst, citrine, and more.
- **Precious and Semiprecious Gemstones:** Ruby, sapphire, emerald, topaz, etc.
- **Metaphysical and Healing Stones:** Selenite, lapis lazuli, turquoise, etc.
- **Rare and Exotic Minerals:** Tanzanite, charoite, larimar, among others.
- **Organic Stones:** Amber, jet, and fossilized coral.

The Role of Stones in Spiritual and Healing Practices

The book emphasizes that stones are more than just decorative objects?they are integral tools in spiritual development, energy healing, and personal growth.

How Stones Are Used

- Meditation: Holding or placing stones to deepen focus and connect with their vibrational energies.
- Chakra Balancing: Using specific stones to align and activate chakras.
- Crystal Grids: Arranging stones in geometric patterns to amplify intentions.
- Healing Sessions: Incorporating stones into energy healing modalities like Reiki or sound therapy.
- Personal Connection: Choosing stones that resonate with one's energy for guidance and support.

Understanding the Energetic Qualities of Stones

The book details how each stone has unique vibrational frequencies that influence physical, emotional, and spiritual levels. For example:

- Amethyst: Known for calming and protective qualities.
- Citrine: Associated with abundance and personal power.
- Lapis Lazuli: Enhances insight and spiritual awareness.

Who They Are: The People Behind the Book and Their Influence

The phrase "who they are" also refers to the community of practitioners, researchers, and crystal enthusiasts who contribute to the ongoing evolution of crystal knowledge.

Community and Influence

- Crystal Healers: Many practitioners rely on the guidance of The Book of Stones for selecting and using stones.
- Researchers and Mineralogists: Their discoveries influence the updated classifications and profiles.
- Spiritual Seekers: The book serves as a bridge connecting scientific understanding with spiritual practices.
- Educators: Teachers incorporate its insights into workshops and training programs.

The Impact and Reception of the Revised Edition

The revised edition has been widely acclaimed for its thoroughness, clarity, and practical approach.

Positive Aspects

- Comprehensive Content: Covers a broad range of stones and their uses.
- User-Friendly: Clear descriptions, photographs, and charts make the information accessible.
- Updated Scientific Data: Keeps pace with current mineralogical research.
- Holistic Approach: Balances scientific facts with spiritual insights.

Critiques and Considerations

- Some critics note that, despite its scientific updates, some claims about healing are anecdotal.
- The vast amount of information can be overwhelming for beginners; thus, a guided approach is recommended.

Conclusion: Who They Are A and Their Role in the Crystal World

In summation, ?who they are a? in the context of The Book of Stones Revised Edition refers to the collective identity of the authors, contributors, and the broader community involved in the understanding and use of stones. Robert Simmons and Naisha Ahsian serve as guiding figures?combining their expertise, intuition, and passion to educate and empower others in exploring the energetic universe of crystals. Their work has established a bridge between scientific inquiry and spiritual exploration, making the stones accessible and meaningful for a diverse audience.

The book?s revised edition cements their roles as pioneers in modern crystal literature, ensuring that the knowledge of stones continues to evolve with integrity, depth, and respect for both the natural world and human consciousness. Whether you are a seasoned healer or a curious newcomer, understanding ?who they are? helps appreciate the profound influence these authors and their community have on the ongoing journey into the energetic realm of stones.

The Book of Stones Revised Edition: Who They Are and What It Reveals

In the realm of crystal and gemstone literature, few titles have garnered as much respect and attention as The Book of Stones. Originally published in 2003 by Robert Simmons and Naisha Ahsian, the book has become a cornerstone resource for enthusiasts, healers, collectors, and spiritual seekers alike. Its comprehensive approach to mineral properties, combined with a spiritual and energetic perspective, has made it a must-have for those interested in the metaphysical qualities of stones. The revised edition, released in recent years, further solidifies its authority and relevance in a rapidly evolving field. But who are the creators behind this influential work, and what motivated their approach? This article aims to explore the origins of The Book of Stones?who they are, their backgrounds, and how their perspectives shape the book's unique narrative.

Introduction: The Significance of The Book of Stones

Before delving into the authors' identities, it is essential to understand why The Book of Stones holds such a pivotal role. Unlike many gemstone guides that focus solely on geological and mineralogical data, this book emphasizes the energetic, spiritual, and healing aspects of stones. It combines scientific data with intuitive insights, fostering a holistic understanding that appeals to both science-minded individuals and metaphysical practitioners.

The revised edition, in particular, expands on the original content, incorporating new discoveries, updated classifications, and a broader scope of energetic profiles. It reflects a collaborative effort to create a comprehensive, accessible guide that bridges the worlds of geology, healing, and spiritual growth.

Who Are Robert Simmons and Naisha Ahsian?

Robert Simmons: The Geologist and Crystal Expert

Background and Expertise

Robert Simmons is a geologist and mineralogist with decades of experience studying crystals and minerals. His scientific background lends credibility to the mineral descriptions, ensuring accuracy and depth in geological data. Simmons's fascination with crystals began early in his life, driven by a desire to understand their physical properties and potential applications.

Contributions to Crystal Knowledge

Over the years, Simmons has authored numerous articles and contributed to various crystal healing and metaphysical publications. He is renowned for his ability to synthesize scientific information with intuitive insights, making complex mineralogical data accessible to a broad audience. His work often emphasizes the energetic properties of crystals, proposing that their physical structures influence their spiritual and healing potentials.

Philosophy and Approach

Simmons believes that crystals are not merely mineral specimens but energetic beings with consciousness and purpose. His approach combines rigorous scientific data with openness to intuitive and spiritual perceptions, advocating for a respectful and holistic relationship with stones.

Naisha Ahsian: The Intuitive and Spiritual Guide

Background and Expertise

Naisha Ahsian is a renowned intuitive healer, spiritual teacher, and energy worker. Her background encompasses various disciplines, including shamanism, meditation, and energy medicine. She has dedicated her life to exploring the energetic realms and understanding how crystals can serve as tools for spiritual growth and healing.

Contributions to Crystal Healing

Ahsian's intuitive insights and experiential knowledge bring a profound spiritual dimension to the book. Her ability to connect with the energetic essence of stones allows her to offer nuanced descriptions of their qualities, often beyond what scientific descriptions alone can provide.

Philosophy and Approach

Ahsian emphasizes the importance of personal resonance and energetic alignment with stones. She advocates for developing a relationship with crystals based on intuition, feeling, and intention. Her perspective enriches the book by adding layers of spiritual meaning and practical guidance for users.

The Collaborative Dynamic: Bridging Science and Spirituality

The partnership between Simmons and Ahsian exemplifies a balanced integration of scientific rigor and spiritual intuition. Their collaboration reflects a conscious effort to create a resource that respects both worlds, acknowledging that understanding stones involves both factual knowledge and energetic perception.

Key Aspects of Their Collaboration:

- **Complementary Skills:** Simmons provides detailed mineral data, while Ahsian offers spiritual insights and intuitive impressions.
- **Holistic Framework:** The book does not favor one perspective over the other but weaves them into a cohesive narrative.
- **Inclusive Approach:** Recognizes that each individual's experience with stones is personal, encouraging readers to trust their intuition alongside scientific knowledge.

This synergy has contributed to The Book of Stones' reputation as a comprehensive and accessible guide that appeals to a diverse audience.

The Evolution of the Book: The Revised Edition

The revised edition of The Book of Stones builds upon the foundation laid by the original,

incorporating new discoveries, updated classifications, and expanded insights. This edition reflects ongoing research, as well as feedback from the global community of crystal enthusiasts.

Major Updates and Features:

- Expanded Mineral Profiles: Additional stones and detailed descriptions.
- Enhanced Color Coding: More intuitive charts and visual aids.
- Updated Healing Properties: Incorporating recent findings and anecdotal reports.
- New Chapters: Covering topics like crystal grids, programming, and advanced energetic techniques.
- Refined Spiritual Insights: Incorporating contemporary metaphysical concepts and practices.

The revision underscores the authors' commitment to providing a living, evolving resource that remains relevant in a dynamic field.

Who Are They A? Clarification and Context

In some discussions, you might encounter references to "they are A" or similar phrasing. To clarify, The Book of Stones was authored by Robert Simmons and Naisha Ahsian, two individuals with distinct but complementary backgrounds. If the phrase "who they are A" suggests a focus on a specific group or entity, it may be a misinterpretation or a reference to the authors' collective identity as pioneers in the crystal and spiritual community.

In essence:

- They are Robert Simmons and Naisha Ahsian.
- They are experienced researchers, healers, and intuitive practitioners.
- They are advocates for integrating scientific understanding with spiritual awareness.

The authors have positioned themselves as guides rather than authorities, encouraging readers to explore and develop their own relationship with stones.

Impact and Reception of The Book of Stones

Since its initial publication, the book has received widespread acclaim within both scientific and metaphysical circles. It is praised for its thoroughness, clarity, and balanced perspective. Many practitioners credit it with deepening their understanding of crystals and enhancing their spiritual practices.

Notable aspects of its impact include:

- Serving as a foundational textbook in crystal healing courses.
- Inspiring a global community of crystal enthusiasts.
- Influencing other publications and educational resources.
- Encouraging a respectful and informed approach to working with stones.

The revised edition further cements its status as the definitive guide in this field.

Conclusion: Who They Are and Their Legacy

The Book of Stones stands as a testament to the collaborative spirit of scientific inquiry and spiritual exploration. Its authors, Robert Simmons and Naisha Ahsian, embody this synergy through their combined expertise and philosophies. Simmons's geological precision and Ahsian's intuitive depth create a rich tapestry of knowledge that appeals to a broad spectrum of readers.

Their work has fostered a more informed, respectful, and spiritually connected approach to crystals, inspiring countless individuals to explore the energetic dimensions of stones with curiosity and reverence. The revised edition continues this legacy, offering a refined and expanded resource that captures the evolving understanding of crystals' roles in healing, consciousness, and spiritual development.

In sum, they are pioneering figures in the modern crystal community—teachers, explorers, and innovators committed to bridging scientific understanding with spiritual wisdom. Their contribution through The Book of Stones has undoubtedly left an indelible mark on the field, guiding many on their journey of discovery and transformation.

End of Article

Question What is the main focus of 'The Book of Stones Revised Edition' by Robert Simmons and Naisha Ahsian? The book explores the healing properties, metaphysical meanings, and energetic qualities of various gemstones and crystals, providing comprehensive insights for spiritual and healing practices. **Who are the authors of 'The Book of Stones Revised Edition' and what are their backgrounds?** The book is authored by Robert Simmons, a crystal expert and author, and Naisha Ahsian, a renowned holistic healer and intuitive. Together, they combine their knowledge to offer in-depth information on gemstones. **How does the revised edition differ from the original 'The Book of Stones'?** The revised edition includes updated and expanded information on crystals, new photographs, additional healing properties, and enhanced guidance on using stones for spiritual growth and healing. **Who is the target audience for 'The Book of Stones Revised Edition'?** The book is aimed at crystal enthusiasts, healers, spiritual practitioners, and anyone

interested in understanding the energetic and healing properties of stones. Are there specific sections in the book dedicated to different types of stones? Yes, the book categorizes stones by their metaphysical properties, colors, and uses, providing detailed descriptions and guidance for each type. Can 'The Book of Stones Revised Edition' be used as a practical guide for crystal healing? Absolutely, it serves as a comprehensive resource for learning about crystal properties, how to select stones, and ways to incorporate them into healing and spiritual practices. Is 'The Book of Stones Revised Edition' suitable for beginners in crystal healing? Yes, the book is accessible for beginners, offering foundational knowledge along with advanced insights for experienced practitioners. Where can I purchase 'The Book of Stones Revised Edition'? The book is available through major online retailers like Amazon, bookstores, and sometimes at holistic and metaphysical shops.

Related keywords: crystals, healing, energy, metaphysics, geology, spirituality, gemstone properties, chakra, meditation, mineralogy

Download The Book Of Shadows Tarot Book Paperback

Download the Book of Shadows Tarot Book Paperback - Your Ultimate Guide to Tarot Mastery and Mystical Insights

Are you passionate about tarot reading and eager to deepen your understanding of the mystical arts? If so, the *Book of Shadows Tarot Book Paperback* is an essential resource that can elevate your practice, offering comprehensive insights, historical context, and practical guidance. In this article, we'll explore everything you need to know about obtaining, using, and benefiting from this valuable tarot reference.

What Is the Book of Shadows Tarot Book Paperback?

The *Book of Shadows Tarot Book Paperback* is a detailed guide designed for both beginners and seasoned tarot enthusiasts. It serves as a companion volume, providing in-depth explanations of tarot card meanings, spreads, symbolism, and techniques. Its paperback format makes it portable and easy to reference during readings or study sessions.

This book is often associated with the tradition of the Book of Shadows—a personal grimoire or spiritual journal used by practitioners of Wicca and other pagan paths. Combining the mystical lore with practical tarot guidance, it becomes a versatile tool for spiritual growth and divination.

Key Features of the Book of Shadows Tarot Book Paperback

Understanding what makes this book a must-have can help you decide whether to download or purchase it. Here are some of its prominent features:

1. Comprehensive Tarot Card Descriptions

- Detailed meanings for each of the 78 cards, including Major and Minor Arcana.
- Interpretations that encompass upright and reversed card positions.
- Symbolism, imagery, and historical context.

2. Practical Tarot Spreads

- Step-by-step instructions for popular spreads such as the Celtic Cross, Three-Card Spread, and more.
- Tips on customizing spreads for personal or client readings.
- Guidance on interpreting multiple card combinations.

3. Rituals and Meditation Techniques

- Incorporates spiritual practices to enhance your intuition.
- Meditation exercises tailored to improve your connection with the cards.
- Rituals for cleansing and consecrating your deck.

4. Historical and Spiritual Context

- Origins of tarot and its evolution through history.
- Connection between tarot and other mystical traditions.
- Ethical considerations and responsible reading.

5. Illustrations and Visual Aids

- Colorful, detailed images to aid in memorization and interpretation.
- Visual cues to help connect symbolism with meanings.

Benefits of Downloading the Book of Shadows Tarot Book Paperback

While purchasing a physical copy has its advantages, many enthusiasts consider downloading a

digital version for convenience. Here are some benefits:

Convenience and Accessibility

- Instant access from any device?computer, tablet, or smartphone.
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- Specialty metaphysical and spiritual stores.

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- Platforms that support PDF or ePub formats for easy reading.

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- Author or publisher websites offering free chapters or sample downloads.
- Online communities and forums dedicated to tarot and spirituality (ensure legality and safety).

How to Choose the Right Format and Source

To maximize your learning experience, consider these tips:

- **Format Compatibility:** Choose a format compatible with your device?PDF, ePub, MOBI, or paperback.
- **Source Legitimacy:** Download from reputable sources to avoid scams or unauthorized copies.
- **Price and Value:** Balance cost with the quality and comprehensiveness of the content.
- **User Reviews:** Read reviews to gauge the usefulness and accuracy of the material.

How to Make the Most of Your Tarot Book

Once you have your *Book of Shadows Tarot Book Paperback*, integrate it into your practice effectively:

1. Study Regularly

- Dedicate time each day or week to reading and reflecting.
- Take notes on card meanings and spreads.

2. Practice with Your Deck

- Use the guidance to perform readings for yourself or others.
- Experiment with different spreads and interpretative techniques.

3. Meditate and Connect

- Use rituals or meditations from the book to deepen your intuitive connection.
- Visualize the symbolism to enhance memory and insight.

4. Keep a Tarot Journal

- Record your readings, insights, and progress.
- Track how your understanding evolves over time.

Conclusion: Embrace the Mystical Journey

Whether you choose to download a digital version or purchase the *Book of Shadows Tarot Book Paperback* physically, this resource can significantly enrich your tarot journey. It bridges the gap between ancient symbolism and modern practice, serving as a trusted guide through the mystical landscape of divination.

Remember, the key to mastering tarot lies in consistent study, practical application, and intuitive exploration. With the right book in hand, you'll unlock deeper insights into yourself and the universe around you. So, don't wait—embark on your spiritual adventure today by obtaining your copy of this invaluable tarot guide!

Download the Book of Shadows Tarot Book Paperback: Your Ultimate Guide to Connecting with Magic and Tarot

In the world of modern mysticism and spiritual exploration, the Download the Book of Shadows Tarot Book Paperback has become a highly sought-after resource for both novice and seasoned practitioners. This beautifully crafted paperback offers a deep dive into the ancient art of tarot reading, blending traditional symbolism with contemporary insights. Whether you're looking to expand your deck knowledge, deepen your intuitive skills, or simply explore the mystical realm of tarot, this book serves as an invaluable companion on your journey.

In this comprehensive guide, we'll explore what makes the Book of Shadows Tarot Book so special, how to effectively utilize it, and tips for integrating its teachings into your spiritual practice. Whether you're considering downloading a digital version or purchasing the physical paperback, this article will provide all the insights you need to make an informed choice.

What is the Book of Shadows Tarot Book?

The Book of Shadows Tarot Book Paperback is a comprehensive guidebook that accompanies many tarot decks, especially those inspired by Wiccan, pagan, or mystical traditions. Often, it is designed to be a companion to a specific deck but can also stand alone as a valuable resource for understanding tarot symbolism, reading techniques, and spiritual practices.

Key features include:

- Detailed card descriptions and interpretations
- Rituals and meditations for enhancing your reading skills
- Historical context of tarot and its evolution
- Tips for creating your own Book of Shadows
- Guidance on integrating tarot into your spiritual practice

This book is typically printed in a durable paperback format, making it portable and easy to reference during readings or study sessions.

Why Choose the Paperback Format?

While digital downloads are convenient, many tarot enthusiasts prefer the Book of Shadows Tarot Book Paperback for several reasons:

- **Tactile Experience:** The feel of turning physical pages can enhance engagement and retention.
- **Durability:** A well-made paperback can withstand frequent use, highlighting its role as a trusted resource.
- **Collectibility:** Many collectors appreciate owning physical copies, especially if the cover design and artwork are appealing.
- **Ease of Use:** No screen glare or battery issues? simply open the book during readings, meditation, or study sessions.

If you're contemplating downloading the book, consider purchasing the paperback version for a more immersive experience.

How to Download or Purchase the Book of Shadows Tarot Book Paperback

Downloading the book can be straightforward through reputable online platforms, but it's essential to ensure you're acquiring a legitimate, high-quality copy. Here are some options:

- **Official Publisher or Author Websites**
 - Often the best source for authentic copies.
 - May offer discounts or bundled deals.
- **Major Online Retailers**

- Amazon, Barnes & Noble, and other trusted sellers.
- Look for customer reviews to gauge quality.

- Specialty Metaphysical Bookstores

- Either online or physical stores.
- Support small businesses and get expert advice.

- Digital Download Options

- Some platforms may offer PDF or e-book versions if you prefer a digital format, but for the Paperback specifically, physical purchase is recommended.

Important Tip: Always verify the edition and publisher to ensure you're getting the correct and most recent version of the book.

Essential Contents of the Book of Shadows Tarot Book Paperback

A typical Book of Shadows Tarot Book Paperback contains a wealth of information designed to empower your tarot practice. Here's a breakdown of what you can expect:

- Card Meanings and Interpretations
 - Major Arcana: In-depth analysis of each card's symbolism, history, and spiritual significance.
 - Minor Arcana: Detailed explanations of the four suits?Wands, Cups, Swords, Pentacles?and their individual cards.
 - Reversals: Guidance on interpreting cards when they appear upside down.
- Rituals and Spells
 - Techniques for cleansing, charging, and consecrating your deck.
 - Rituals for manifesting intentions through tarot readings.

- Meditation and Visualization Exercises
- Guided meditations to strengthen intuition.
- Visualization techniques to connect with the energy of specific cards.
- Creating Your Own Book of Shadows
- Tips for personalizing your spiritual journal.
- How to record your readings, insights, and experiences.
- Historical Context and Mythology
- Origins of tarot and its evolution through history.
- Mythological stories associated with specific cards.
- Practical Tips for Readings
- How to formulate questions.
- Spreads for different purposes (e.g., Celtic Cross, Three-Card Spread).
- Ethical considerations and respecting free will.

How to Use the Book Effectively

Owning the Book of Shadows Tarot Book Paperback is just the first step?knowing how to utilize it can greatly enhance your tarot journey. Here are some tips:

- Familiarize Yourself with the Cards
- Study each card's meaning, symbolism, and associated themes.
- Use the book as a reference during readings.

- Keep a Tarot Journal
 - Document your readings, interpretations, and insights.
 - Record how the meanings evolve over time.
- Practice Regularly
 - Conduct daily or weekly readings to build confidence.
 - Use different spreads to explore various aspects of your life.
- Incorporate Rituals and Meditations
 - Use suggested rituals to prepare your deck.
 - Meditate on specific cards to deepen your understanding.
- Personalize Your Book of Shadows
 - Add notes, sketches, or additional insights.
 - Create a personalized spiritual record.

Tips for Beginners and Advanced Practitioners

Beginners:

- Start with the Major Arcana to understand foundational themes.
- Practice with simple spreads and record your impressions.
- Use the book to learn the symbolism behind each card.

Advanced Practitioners:

- Explore deeper layers of symbolism and mythology.
- Develop your own spreads based on insights from the book.

- Integrate tarot with other spiritual practices like astrology, meditation, or energy work.

Final Thoughts: Why the Book of Shadows Tarot Book Paperback Is a Must-Have

Whether you're just beginning your tarot journey or are a seasoned reader, the Download the Book of Shadows Tarot Book Paperback offers a treasure trove of knowledge, rituals, and inspiration. Its comprehensive approach makes it an indispensable resource for understanding the cards, honing your intuition, and connecting more deeply with your spiritual path.

Investing in a physical copy not only provides a durable reference but also creates a tangible connection to your practice. As you turn each page, you'll find yourself immersed in a world of magic, symbolism, and self-discovery.

Remember: The journey with tarot is personal and unique?use this book as a guide, but let your intuition lead the way. Embrace the mystical, and may your readings be insightful and empowering.

Ready to deepen your tarot practice? Consider purchasing or downloading the Book of Shadows Tarot Book Paperback today and step into a world of magic and self-awareness.

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